# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY SAULT STE. MARIE, ONTARIO

### COURSE OUTLINE

| Course Title: _ | GROUP DYNAMICS I                |
|-----------------|---------------------------------|
|                 |                                 |
| Code No.:       | CCW 223-3                       |
|                 | CUITI D. A. VOUTU HODVED DOCCOM |
| Program:        | CHILD & YOUTH WORKER PROGRAM    |
| Semester: _     | THIRD                           |
| Date:           | SEPTEMBER 1989                  |
| _               |                                 |
| Author:         | MICHAEL McFARLING               |
|                 |                                 |
|                 | New: Revision:X                 |
|                 |                                 |
| APPROVED:       | Defusion Aug 23/89              |

Course Title

Course No.

Instructor: Mike McFarling Phone: 759-6774, Ext. 549

Office: Room 468

NATURE OF COURSE

To explore the process which occurs when people form a group. The focus is on "group" structure and the dynamics of the group. The use of the group in the therapeutic process will be examined. Various group techniques and approaches with children, adolescents, and adults will be studied. Much of the content will be experiential.

#### GOALS AND OBJECTIVES

1. To increase self-awareness within the group context.

2. To become aware of effective use of feedback in the group.

3. To demonstrate in verbal, written and behavioural terms, an understanding of group dynamics.

4. To develop observational and analytical skills in assessing group functioning.

5. To explore and understand the causes for and changes in individual behaviour in groups.

6. To recognize the needs of the individual and the group.

7. To develop a theoretical base for understanding group dynamics.

8. To develop strategy to meet identified group goals.

9. To further develop beginning child care group skills and techniques for working with various age ranges and emotional disturbances in group context.

10. To study group formation, composition and motivation, relative

to specific tasks-maintenance functions.

REQUIRED STUDENT RESOURCES

Texts:

Johnson, D. W. & Johnson, F. P. Joining Together, Group Theory and Group Skills. New Jersey: Prentice Hall, Inc., 1975, Second Edition.

Remocker, J., Storch, E. Action Speaks Louder. New York: Churchill Livingstone, 1982, Third Edition.

#### METHODOLOGY

The class will be taught through a combination of lecture, group discussions, and group participation. Format will vary according to material presented. Much of the learning will be experiential.

#### Course Title

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#### COURSE REQUIREMENTS

1. To maintain regular attendance - 80% is compulsory.

- To participate actively and fully in class and group discussion and exercises.
- To complete assigned reading and research and be prepared to discuss same.

4. To adhere to the concept of confidentiality.

- To complete two (2) in-class tests on material presented, readings, etc.
- 6. To prepare and submit a paper with the following format:

a) typewritten,

 paper submitted must include first and last sociogram, with the individual's position clearly indicated,

c) preparation of the paper will require on-going analysis of individual functioning within the group, as well as that of the group as a whole; this analysis must be in written form, weekly, and be maintained up to date; periodically, these will be submitted to the instructor for review,

d) the final paper will be based on this analysis and identify significant development blocks, etc., citing examples when appropriate; future objectives are to be stated with tentative methodology to be employed.

GRADING

| a) | Atter | ndan | ce | and | Participation | - | 30% |
|----|-------|------|----|-----|---------------|---|-----|
| b) | Test  | No.  | 1  |     | -             | - | 30% |
|    | Test  | No.  | 2  |     |               | - | 30% |
| () | Term  | Pane | ar |     |               | - | 10% |

d) Time will be allotted (scheduled) for an open forum on issues related to C.Y.W.'s and upcoming Residential Placement. Group will be assessed on effective use of this time. This is included in a) above.

100%

$$90 - 100\% = A+$$
  
 $80 - 89\% = A$   
 $70 - 79\% = B$   
 $60 - 69\% = C$ 

Below 60 = R (Repeat Course)

## SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY CHILD & YOUTH WORKER PROGRAM

| ADDITION TO C.Y.W. PROGRAM POLICIES<br>NOTICE OF AGREEMENT |
|--|
| Student Agreement Form                                     |
| Regarding the Child and Youth Worker Course Outline:       |
| I,, have read the C.Y.W.                                   |
| Course Outline for the Course                              |
| I understand its contents and agree to adhere to them.     |
|  |
|  |
| Signed:  |
| Dated:   |